

## Staff Login Page and instructions for submitting an article

- Section Blog
- Section Table
- Blog Category
- Category Table

Follow the links in the **Example Pages** Menu to see some of the options available to you to present all the different types of content included within the default installation of Joomla!.

This includes Components and individual Articles. These links or Menu Item Types (to give them their proper name) are all controlled from within the **Menu Manager->[menuname]->Menu Items Manager**

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